

CLINICIANS



LES GUTCHES
NCAA, World, US Open and
Pan American Champion

Collegiate Career:

2x NCAA Champion
Hodge Award Winner '96

International Wrestling:

1997 World Champion
5x US Open Freestyle Champ
3x Pan American Champ
1996 Olympian

OTHER CLINICIAN:

Phillip Smith
Cornell University
Spokane, WA

High School Career:

Smith won the Washington state championship at 125 pounds in 2008. He is a two-time district and regional champion with a 74-9 record as a junior and senior.



SCHEDULE

SATURDAY & SUNDAY

9:30 am - *Check-in on Saturday*

9:45 am - *Ready to Wrestle*

10:00 am - 1:00 pm

Technique Session

1:00 pm - 2:30 pm

Break for Lunch

2:30 pm - 4:30 pm

Technique Session

4:30 pm - 6:00 pm

Break for Dinner

6:00 pm - 8:00 pm

Live Wrestling - *Bill Rogers of Big Cat Wrestling Club will run "Fight Nights" with guaranteed 5 or more live matches a night. Saturday will be Folkstyle and Sunday will be Freestyle.*

DETAILS

Facility -

Mead High School
302 West Hastings, Mead, WA

MEALS -

Bring a sack lunch or there are many options in the area.

HOTEL ACCOMMODATIONS -

Comfort Inn - 467-7111
7111 N. Division
Wrestler Rates - \$80

REGISTER

Name _____

Address _____

City _____ St _____ Zip _____

Phone # _____

Age _____ Weight _____

Camp geared to experienced wrestlers.

In case of injury, illness, necessary treatment is authorized.

Insurance Co. _____

Policy # _____

I hereby release the Cheney Mat Hawks from any and all liability from injuries incurred while at the camp. I authorize the camp to act for me in any medical emergency, according to their best judgment.

Parent Signature

Date

T-Shirt Size (Circle One)

Boys - Small Medium Large

Mens - Small Medium Large

 XL XXL XXXL

Amount Enclosed \$ _____

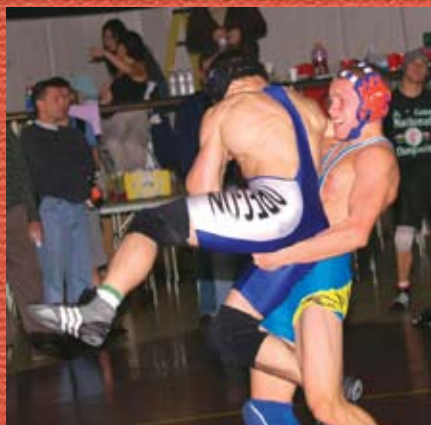
COST

Cost - \$50.00

price includes camp t-shirt

To register fill out the form on the opposite side. Space is limited to the first 160 wrestlers. No walk-up registrations accepted. Send form with payment to:

CHENEY MAT HAWKS
3208 W Jennings Road
Cheney, WA 99004



CAMP GOALS

**GOALS WITHOUT DEDICATION
ARE WASTED DREAMS!**

The goal of this two day intensive is to not only give each individual wrestler a more solid wrestling background in improving their technique, but to expose them to the mind frame of what it takes to be a champion (on and off the mat). The mental part of the sport will be addressed after the live wrestling sessions.

**CHENEY
MAT HAWKS**



**For more information,
contact:
Darrin Mason
Home: 235-5595
Cell: 590-9855
E-mail: djaemason4@hotmail.com
www.leaguelineup.com/cheneymathawks**

MAT HAWKS



**OLYMPIAN
CAMP**

July 25-26, 2009

Deadline to Register- July 13th

Mead High School

CHAMPIONS ARE NOT BORN - THEY ARE MADE! CHAMPIONS ARE NOT BORN - THEY ARE MADE! CHAMPIONS ARE NOT BORN - THEY ARE MADE!